

## कक्षा - 9 की मासिक कार्यक्रम प्रसारण सारणी

## Monthly Program Transmission Schedule of Class - 9

### कक्षा - 9 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

### Subject-wise Weekly Program Transmission Schedule of Class - 9

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	गणित	गणित	संस्कृत	اردو (उर्दू)	इतिहास
भूगोल	भूगोल	विज्ञान	विज्ञान	अर्थशास्त्र	हिन्दी	राजनीति विज्ञान
Science	Science	History	History	Mathematics	Political Science	Activities Mathematics/ Science
Mathematics	Mathematics	English	English	Science	Geography	Geography
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/28](https://www.swayamprabha.gov.in/index.php/program/current_se/28).

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

## कक्षा - 9 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 9

**April 2023**
**अप्रैल 2023**

क्रम सं. S. No.	विषय Subject	कार्यक्रम शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time									
				आवृत्ति 1 Cycle 1	आवृत्ति 2 Cycle 2	आवृत्ति 3 Cycle 3	आवृत्ति 4 Cycle 4	आवृत्ति 5 Cycle 5	आवृत्ति 6 Cycle 6	आवृत्ति 7 Cycle 7	आवृत्ति 8 Cycle 8	आवृत्ति 9 Cycle 9	आवृत्ति 10 Cycle 10
<b>शनिवार, 1 अप्रैल 2023 Saturday, 1 April 2023</b>													
1	संस्कृत	पाठ 1: भारतीयसन्तगीति: भाग - 1	संस्कृत	12:00:00 AM	2:31:00 AM	5:02:00 AM	7:33:00 AM	10:04:00 AM	12:35:00 PM	3:06:00 PM	5:37:00 PM	8:08:00 PM	10:39:00 PM
2	हिन्दी	क्षितिज, पाठ 1: दो बैलों की कथा, भाग - 1	हिन्दी	12:39:42 AM	3:10:42 AM	5:41:42 AM	8:12:42 AM	10:43:42 AM	1:14:42 PM	3:45:42 PM	6:16:42 PM	8:47:42 PM	11:18:42 PM
3	Social Science (Political Science)	Democratic Politics-I, Ch.- 1, What is Democracy? Part I	English	1:16:59 AM	3:47:59 AM	6:18:59 AM	8:49:59 AM	11:20:59 AM	1:51:59 PM	4:22:59 PM	6:53:59 PM	9:24:59 PM	11:55:59 PM
4	Social Science (Geography)	Contemporary India-I, Chapter 1: Size of India	English	1:47:38 AM	4:18:38 AM	6:49:38 AM	9:20:38 AM	11:51:38 AM	2:22:38 PM	4:53:38 PM	7:24:38 PM	9:55:38 PM	NA
5	Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	2:22:27 AM	4:53:27 AM	7:24:27 AM	9:55:27 AM	12:26:27 PM	2:57:27 PM	5:28:27 PM	7:59:27 PM	10:30:27 PM	NA
<b>रविवार, 2 अप्रैल 2023 Sunday, 2 April 2023</b>													
1	सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग - 1	हिन्दी	12:00:00 AM	2:30:14 AM	5:00:28 AM	7:30:42 AM	10:00:56 AM	12:31:10 PM	3:01:24 PM	5:31:38 PM	8:01:52 PM	10:32:06 PM
2	General	Bhujagasana	English	12:26:03 AM	2:56:17 AM	5:26:31 AM	7:56:45 AM	10:26:59 AM	12:57:13 PM	3:27:27 PM	5:57:41 PM	8:27:55 PM	10:58:09 PM
3	सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 1: लोकतंत्र क्या? लोकतंत्र क्यों?	हिन्दी	12:29:36 AM	2:59:50 AM	5:30:04 AM	8:00:18 AM	10:30:32 AM	1:00:46 PM	3:31:00 PM	6:01:14 PM	8:31:28 PM	11:01:42 PM
4	Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Music - Intl Comp: Boys: Nvs	musical	12:57:24 AM	3:27:38 AM	5:57:52 AM	8:28:06 AM	10:58:20 AM	1:28:34 PM	3:58:48 PM	6:29:02 PM	8:59:16 PM	11:29:30 PM
5	Social Science (Economics)	Economics, Chapter -1: The story of village P.- I	English	1:03:42 AM	3:33:56 AM	6:04:10 AM	8:34:24 AM	11:04:38 AM	1:34:52 PM	4:05:06 PM	6:35:20 PM	9:05:34 PM	11:35:48 PM
6	Social Science (Geography)	Contemporary India-I, Chapter 1: Size of India	English	1:32:16 AM	4:02:30 AM	6:32:44 AM	9:02:58 AM	11:33:12 AM	2:03:26 PM	4:33:40 PM	7:03:54 PM	9:34:08 PM	NA
7	General	इंटरनेट पर ऐसे रहें सेफ	हिन्दी	2:05:22 AM	4:35:36 AM	7:05:50 AM	9:36:04 AM	12:06:18 PM	2:36:32 PM	5:06:46 PM	7:37:00 PM	10:07:14 PM	NA
8	Hand Embroiderer	Unit 2 Session 2: Stem Stitch	English	2:25:28 AM	4:55:42 AM	7:25:56 AM	9:56:10 AM	12:26:24 PM	2:56:38 PM	5:26:52 PM	7:57:06 PM	10:27:20 PM	NA



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

सोमवार, 3 अप्रैल 2023 Monday, 3 April 2023													
1	हिन्दी	शिक्षित, पाठ 1: दो बैलों की कथा, भाग - 2	हिंदी	12:00:00 AM	2:47:59 AM	5:35:58 AM	8:23:57 AM	11:11:56 AM	1:59:55 PM	4:47:54 PM	7:35:53 PM	10:23:52 PM	NA
2	General	भुजंगासन	हिंदी	12:28:54 AM	3:16:53 AM	6:04:52 AM	8:52:51 AM	11:40:50 AM	2:28:49 PM	5:16:48 PM	8:04:47 PM	10:52:46 PM	NA
3	सामाजिक विज्ञान (समकालीन भा. 1)	समकालीन भारत - 1, पाठ 3: अपवाह, भाग - 1	हिंदी	12:31:22 AM	3:19:21 AM	6:07:20 AM	8:55:19 AM	11:43:18 AM	2:31:17 PM	5:19:16 PM	8:07:15 PM	10:55:14 PM	NA
4	Science	Chapter 1: Matter in our Surrounding Part-I	English	12:53:33 AM	3:41:32 AM	6:29:31 AM	9:17:30 AM	12:05:29 PM	2:53:28 PM	5:41:27 PM	8:29:26 PM	11:17:25 PM	NA
5	Mathematics	Chapter 1: Number System, Part - I	English	1:33:05 AM	4:21:04 AM	7:09:03 AM	9:57:02 AM	12:45:01 PM	3:33:00 PM	6:20:59 PM	9:08:58 PM	11:56:57 PM	NA
6	Hand Embroiderer	Unit 2 Session 2: Stem Stitch	English	2:33:11 AM	5:21:10 AM	8:09:09 AM	10:57:08 AM	1:45:07 PM	4:33:06 PM	7:21:05 PM	10:09:04 PM	NA	NA
मंगलवार, 4 अप्रैल 2023 Tuesday, 4 April 2023													
1	हिन्दी	शिक्षित, पाठ 1: दो बैलों की कथा	हिंदी	12:00:00 AM	2:30:11 AM	5:00:22 AM	7:30:33 AM	10:00:44 AM	12:30:55 PM	3:01:06 PM	5:31:17 PM	8:01:28 PM	10:31:39 PM
2	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 3: अपवाह, भाग - 2	हिंदी	12:45:28 AM	3:15:39 AM	5:45:50 AM	8:16:01 AM	10:46:12 AM	1:16:23 PM	3:46:34 PM	6:16:45 PM	8:46:56 PM	11:17:07 PM
3	Science	Chapter 1: Matter in our Surrounding II	English	1:13:41 AM	3:43:52 AM	6:14:03 AM	8:44:14 AM	11:14:25 AM	1:44:36 PM	4:14:47 PM	6:44:58 PM	9:15:09 PM	11:45:20 PM
4	Mathematics	Chapter 1: Number System, Part - II	English	1:48:52 AM	4:19:03 AM	6:49:14 AM	9:19:25 AM	11:49:36 AM	2:19:47 PM	4:49:58 PM	7:20:09 PM	9:50:20 PM	NA
5	Hand Embroiderer	Unit 2 Session 2: Stem Stitch	English	2:25:25 AM	4:55:36 AM	7:25:47 AM	9:55:58 AM	12:26:09 PM	2:56:20 PM	5:26:31 PM	7:56:42 PM	10:26:53 PM	NA
बुधवार, 5 अप्रैल 2023 Wednesday, 5 April 2023													
1	गणित	पाठ 1: संख्या पद्धति	हिंदी	12:00:00 AM	2:56:37 AM	5:53:14 AM	8:49:51 AM	11:46:28 AM	2:43:05 PM	5:39:42 PM	8:36:19 PM	11:32:56 PM	NA
2	Cultural Heritage: Art, Music & Dance	टाई एंड डाई	हिंदी	12:26:24 AM	3:23:01 AM	6:19:38 AM	9:16:15 AM	12:12:52 PM	3:09:29 PM	6:06:06 PM	9:02:43 PM	11:59:20 PM	NA
3	विज्ञान	पाठ 1: हमारे आस-पास के पदार्थ	हिंदी	12:52:15 AM	3:48:52 AM	6:45:29 AM	9:42:06 AM	12:38:43 PM	3:35:20 PM	6:31:57 PM	9:28:34 PM	NA	NA
4	Social Science (History)	India and the Contem World-I, Ch. 1, The French revolution, Part I	English	1:20:42 AM	4:17:19 AM	7:13:56 AM	10:10:33 AM	1:07:10 PM	4:03:47 PM	7:00:24 PM	9:57:01 PM	NA	NA
5	Cultural Heritage: Art, Music & Dance	Swang: Gopi-Uddhav Samvaad	English	1:48:34 AM	4:45:11 AM	7:41:48 AM	10:38:25 AM	1:35:02 PM	4:31:39 PM	7:28:16 PM	10:24:53 PM	NA	NA
6	Hand Embroiderer	Unit 2 Session 2: Bullion Stitch	English	2:22:43 AM	5:19:20 AM	8:15:57 AM	11:12:34 AM	2:09:11 PM	5:05:48 PM	8:02:25 PM	10:59:02 PM	NA	NA



7	English	Beehive, Chapter 1: The Fun They Had	English	2:32:52 AM	5:29:29 AM	8:26:06 AM	11:22:43 AM	2:19:20 PM	5:15:57 PM	8:12:34 PM	11:09:11 PM	NA	NA
<b>बुधस्पतिवार, 6 अप्रैल 2023</b> <b>Thursday, 6 April 2023</b>													
1	गणित	पाठ 1: संख्या पद्धति	हिंदी	12:00:00 AM	2:30:26 AM	5:00:52 AM	7:31:18 AM	10:01:44 AM	12:32:10 PM	3:02:36 PM	5:33:02 PM	8:03:28 PM	10:33:54 PM
2	विज्ञान	पाठ 1: हमारे आस-पास के पदार्थ	हिंदी	12:28:43 AM	2:59:09 AM	5:29:35 AM	8:00:01 AM	10:30:27 AM	1:00:53 PM	3:31:19 PM	6:01:45 PM	8:32:11 PM	11:02:37 PM
3	Social Science (History)	India and the Cont World-I, Chapter 1, The French Revolution, P- II	English	12:53:24 AM	3:23:50 AM	5:54:16 AM	8:24:42 AM	10:55:08 AM	1:25:34 PM	3:56:00 PM	6:26:26 PM	8:56:52 PM	11:27:18 PM
4	Cultural Heritage: Art, Music & Dance	सांझी कला	हिंदी	1:23:38 AM	3:54:04 AM	6:24:30 AM	8:54:56 AM	11:25:22 AM	1:55:48 PM	4:26:14 PM	6:56:40 PM	9:27:06 PM	11:57:32 PM
5	English	Beehive, Ch. 1: The Road Not Taken	English	1:36:59 AM	4:07:25 AM	6:37:51 AM	9:08:17 AM	11:38:43 AM	2:09:09 PM	4:39:35 PM	7:10:01 PM	9:40:27 PM	NA
6	Hand Embroiderer	Unit 2 Session 2: Bullion Stitch	English	2:03:59 AM	4:34:25 AM	7:04:51 AM	9:35:17 AM	12:05:43 PM	2:36:09 PM	5:06:35 PM	7:37:01 PM	10:07:27 PM	NA
<b>शुक्रवार, 7 अप्रैल 2023</b> <b>Friday, 7 April 2023</b>													
1	संस्कृत	पाठ 1: भारतीयसन्तगीति: भाग - 1	संस्कृत	12:00:00 AM	2:30:36 AM	5:01:12 AM	7:31:48 AM	10:02:24 AM	12:33:00 PM	3:03:36 PM	5:34:12 PM	8:04:48 PM	10:35:24 PM
2	सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 1, पालमपुर गाँव की कहानी	हिंदी	12:32:50 AM	3:03:26 AM	5:34:02 AM	8:04:38 AM	10:35:14 AM	1:05:50 PM	3:36:26 PM	6:07:02 PM	8:37:38 PM	11:08:14 PM
3	General	Bhujagasana	English	1:09:36 AM	3:40:12 AM	6:10:48 AM	8:41:24 AM	11:12:00 AM	1:42:36 PM	4:13:12 PM	6:43:48 PM	9:14:24 PM	11:45:00 PM
4	Mathematics	Chapter 1: Number System, Part - III	English	1:12:04 AM	3:42:40 AM	6:13:16 AM	8:43:52 AM	11:14:28 AM	1:45:04 PM	4:15:40 PM	6:46:16 PM	9:16:52 PM	11:47:28 PM
5	Science	Chapter 1, Matter in our Surrounding Part-III	English	1:44:34 AM	4:15:10 AM	6:45:46 AM	9:16:22 AM	11:46:58 AM	2:17:34 PM	4:48:10 PM	7:18:46 PM	9:49:22 PM	NA
6	Hand Embroiderer	Unit 2 Session 2: Buttonhole Stitch	English	2:19:50 AM	4:50:26 AM	7:21:02 AM	9:51:38 AM	12:22:14 PM	2:52:50 PM	5:23:26 PM	7:54:02 PM	10:24:38 PM	NA
<b>शनिवार, 8 अप्रैल 2023</b> <b>Saturday, 8 April 2023</b>													
1	संस्कृत	पाठ 1: भारतीयसन्तगीति: भाग - 2	संस्कृत	12:00:00 AM	2:30:44 AM	5:01:28 AM	7:32:12 AM	10:02:56 AM	12:33:40 PM	3:04:24 PM	5:35:08 PM	8:05:52 PM	10:36:36 PM
2	हिन्दी	क्षितिज, पाठ 1: दो बैलों की कथा	हिंदी	12:35:31 AM	3:06:15 AM	5:36:59 AM	8:07:43 AM	10:38:27 AM	1:09:11 PM	3:39:55 PM	6:10:39 PM	8:41:23 PM	11:12:07 PM
3	General	Padahastana	English	1:02:43 AM	3:33:27 AM	6:04:11 AM	8:34:55 AM	11:05:39 AM	1:36:23 PM	4:07:07 PM	6:37:51 PM	9:08:35 PM	11:39:19 PM
4	Social Science (Political Science)	Democratic Politics-I, Ch-1, What is Democracy? P-II	English	1:05:06 AM	3:35:50 AM	6:06:34 AM	8:37:18 AM	11:08:02 AM	1:38:46 PM	4:09:30 PM	6:40:14 PM	9:10:58 PM	11:41:42 PM



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

5	Social Science (Geography)	Contemporary India-I, Chapter 1: Size of India	English	1:35:22 AM	4:06:06 AM	6:36:50 AM	9:07:34 AM	11:38:18 AM	2:09:02 PM	4:39:46 PM	7:10:30 PM	9:41:14 PM	NA
6	Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Music - Instrum. Comp: Boys: NVS	musical	2:08:28 AM	4:39:12 AM	7:09:56 AM	9:40:40 AM	12:11:24 PM	2:42:08 PM	5:12:52 PM	7:43:36 PM	10:14:20 PM	NA
7	Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2	English	2:23:44 AM	4:54:28 AM	7:25:12 AM	9:55:56 AM	12:26:40 PM	2:57:24 PM	5:28:08 PM	7:58:52 PM	10:29:36 PM	NA

**रविवार, 9 अप्रैल 2023**  
**Sunday, 9 April 2023**

1	सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग -1	हिंदी	12:00:00 AM	2:30:04 AM	5:00:08 AM	7:30:12 AM	10:00:16 AM	12:30:20 PM	3:00:24 PM	5:30:28 PM	8:00:32 PM	10:30:36 PM
2	General	पादहस्तासन	हिंदी	12:26:03 AM	2:56:07 AM	5:26:11 AM	7:56:15 AM	10:26:19 AM	12:56:23 PM	3:26:27 PM	5:56:31 PM	8:26:35 PM	10:56:39 PM
3	सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 1: लोकतंत्र क्या? लोकतंत्र क्यों?	हिंदी	12:29:31 AM	2:59:35 AM	5:29:39 AM	7:59:43 AM	10:29:47 AM	12:59:51 PM	3:29:55 PM	5:59:59 PM	8:30:03 PM	11:00:07 PM
4	Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Music Instrumental Com: Boys: NV's	musical	12:57:19 AM	3:27:23 AM	5:57:27 AM	8:27:31 AM	10:57:35 AM	1:27:39 PM	3:57:43 PM	6:27:47 PM	8:57:51 PM	11:27:55 PM
5	Social Science (Economics)	Economics, Chapter -1: The story of village Palampur, Part -II	English	1:03:37 AM	3:33:41 AM	6:03:45 AM	8:33:49 AM	11:03:53 AM	1:33:57 PM	4:04:01 PM	6:34:05 PM	9:04:09 PM	11:34:13 PM
6	Social Science (Geography)	Contemporary India-I, Chapter 1: Size of India	English	1:32:47 AM	4:02:51 AM	6:32:55 AM	9:02:59 AM	11:33:03 AM	2:03:07 PM	4:33:11 PM	7:03:15 PM	9:33:19 PM	NA
7	General	G20: Group of 20 Know all about G20	English	2:07:36 AM	4:37:40 AM	7:07:44 AM	9:37:48 AM	12:07:52 PM	2:37:56 PM	5:08:00 PM	7:38:04 PM	10:08:08 PM	NA
8	General	Nadishodhan Pranayam	English	2:21:51 AM	4:51:55 AM	7:21:59 AM	9:52:03 AM	12:22:07 PM	2:52:11 PM	5:22:15 PM	7:52:19 PM	10:22:23 PM	NA
9	Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Stem Stitch	English	2:25:18 AM	4:55:22 AM	7:25:26 AM	9:55:30 AM	12:25:34 PM	2:55:38 PM	5:25:42 PM	7:55:46 PM	10:25:50 PM	NA

**सोमवार, 10 अप्रैल 2023**  
**Monday, 10 April 2023**

1	हिन्दी	स्पर्श, पाठ 1, दुःख का अधिकार, भाग - 1	हिंदी	12:00:00 AM	2:30:40 AM	5:01:20 AM	7:32:00 AM	10:02:40 AM	12:33:20 PM	3:04:00 PM	5:34:40 PM	8:05:20 PM	10:36:00 PM
2	General	Pawanmuktasana	English	12:23:13 AM	2:53:53 AM	5:24:33 AM	7:55:13 AM	10:25:53 AM	12:56:33 PM	3:27:13 PM	5:57:53 PM	8:28:33 PM	10:59:13 PM
3	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 4: जलवायु	हिंदी	12:27:09 AM	2:57:49 AM	5:28:29 AM	7:59:09 AM	10:29:49 AM	1:00:29 PM	3:31:09 PM	6:01:49 PM	8:32:29 PM	11:03:09 PM
4	Science	Chapter 1: Characteristics of matter	English	12:46:48 AM	3:17:28 AM	5:48:08 AM	8:18:48 AM	10:49:28 AM	1:20:08 PM	3:50:48 PM	6:21:28 PM	8:52:08 PM	11:22:48 PM
5	Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2:	English	12:55:23 AM	3:26:03 AM	5:56:43 AM	8:27:23 AM	10:58:03 AM	1:28:43 PM	3:59:23 PM	6:30:03 PM	9:00:43 PM	11:31:23 PM



6	Mathematics	Chapter 1: Number System, Part - IV	English	1:02:23 AM	3:33:03 AM	6:03:43 AM	8:34:23 AM	11:05:03 AM	1:35:43 PM	4:06:23 PM	6:37:03 PM	9:07:43 PM	11:38:23 PM
7	Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Stem Stitch	English	1:43:04 AM	4:13:44 AM	6:44:24 AM	9:15:04 AM	11:45:44 AM	2:16:24 PM	4:47:04 PM	7:17:44 PM	9:48:24 PM	NA
8	Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Split	English	2:06:35 AM	4:37:15 AM	7:07:55 AM	9:38:35 AM	12:09:15 PM	2:39:55 PM	5:10:35 PM	7:41:15 PM	10:11:55 PM	NA
9	General	G20: Group of 20 Know all about G20	English	2:12:39 AM	4:43:19 AM	7:13:59 AM	9:44:39 AM	12:15:19 PM	2:45:59 PM	5:16:39 PM	7:47:19 PM	10:17:59 PM	NA

**मंगलवार, 11 अप्रैल 2023**
**Tuesday, 11 April 2023**

1	हिन्दी	स्पर्श, पाठ 1, दुःख का अधिकार, भाग - 1	हिंदी	12:00:00 AM	2:30:30 AM	5:01:00 AM	7:31:30 AM	10:02:00 AM	12:32:30 PM	3:03:00 PM	5:33:30 PM	8:04:00 PM	10:34:30 PM
2	General	Bhujagasana	English	12:24:56 AM	2:55:26 AM	5:25:56 AM	7:56:26 AM	10:26:56 AM	12:57:26 PM	3:27:56 PM	5:58:26 PM	8:28:56 PM	10:59:26 PM
3	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	हिंदी	12:27:24 AM	2:57:54 AM	5:28:24 AM	7:58:54 AM	10:29:24 AM	12:59:54 PM	3:30:24 PM	6:00:54 PM	8:31:24 PM	11:01:54 PM
4	Science	Chapter 1: Matter	English	1:12:39 AM	3:43:09 AM	6:13:39 AM	8:44:09 AM	11:14:39 AM	1:45:09 PM	4:15:39 PM	6:46:09 PM	9:16:39 PM	11:47:09 PM
5	General	Pawanmuktasana	English	1:20:22 AM	3:50:52 AM	6:21:22 AM	8:51:52 AM	11:22:22 AM	1:52:52 PM	4:23:22 PM	6:53:52 PM	9:24:22 PM	11:54:52 PM
6	Mathematics	Chapter 1: Number System, Part - V	English	1:23:23 AM	3:53:53 AM	6:24:23 AM	8:54:53 AM	11:25:23 AM	1:55:53 PM	4:26:23 PM	6:56:53 PM	9:27:23 PM	11:57:53 PM
7	Health, Physical Education/Yoga	योग- चक्रासन	हिंदी	2:18:18 AM	4:48:48 AM	7:19:18 AM	9:49:48 AM	12:20:18 PM	2:50:48 PM	5:21:18 PM	7:51:48 PM	10:22:18 PM	NA

**बुधवार, 12 अप्रैल 2023**
**Wednesday, 12 April 2023**

1	गणित	पाठ 1: संख्या पद्धति	हिंदी	12:00:00 AM	2:30:47 AM	5:01:34 AM	7:32:21 AM	10:03:08 AM	12:33:55 PM	3:04:42 PM	5:35:29 PM	8:06:16 PM	10:37:03 PM
2	General	Setu Bandhasana	English	12:26:24 AM	2:57:11 AM	5:27:58 AM	7:58:45 AM	10:29:32 AM	1:00:19 PM	3:31:06 PM	6:01:53 PM	8:32:40 PM	11:03:27 PM
3	विज्ञान	पाठ 1: हमारे आस-पास के पदार्थ	हिंदी	12:28:51 AM	2:59:38 AM	5:30:25 AM	8:01:12 AM	10:31:59 AM	1:02:46 PM	3:33:33 PM	6:04:20 PM	8:35:07 PM	11:05:54 PM
4	Social Science (History)	India and the Contemporary World-I, Ch. 1, The French Rev, Part III	English	12:55:28 AM	3:26:15 AM	5:57:02 AM	8:27:49 AM	10:58:36 AM	1:29:23 PM	4:00:10 PM	6:30:57 PM	9:01:44 PM	11:32:31 PM
5	Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2	English	1:38:28 AM	4:09:15 AM	6:40:02 AM	9:10:49 AM	11:41:36 AM	2:12:23 PM	4:43:10 PM	7:13:57 PM	9:44:44 PM	NA
6	English	Moments, Ch - 1 The Lost Child, P- 1	English	2:01:23 AM	4:32:10 AM	7:02:57 AM	9:33:44 AM	12:04:31 PM	2:35:18 PM	5:06:05 PM	7:36:52 PM	10:07:39 PM	NA

**बृहस्पतिवार, 13 अप्रैल 2023**
**Thursday, 13 April 2023**

1	गणित	पाठ 1: संख्या पद्धति	हिंदी	12:00:00 AM	2:30:03 AM	5:00:06 AM	7:30:09 AM	10:00:12 AM	12:30:15 PM	3:00:18 PM	5:30:21 PM	8:00:24 PM	10:30:27 PM
---	------	----------------------	-------	-------------	------------	------------	------------	-------------	-------------	------------	------------	------------	-------------



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

2	विज्ञान	पाठ 1: हमारे आस-पास के पदार्थ	हिंदी	12:43:40 AM	3:13:43 AM	5:43:46 AM	8:13:49 AM	10:43:52 AM	1:13:55 PM	3:43:58 PM	6:14:01 PM	8:44:04 PM	11:14:07 PM
3	General	सेतुबंधासन	हिंदी	1:10:17 AM	3:40:20 AM	6:10:23 AM	8:40:26 AM	11:10:29 AM	1:40:32 PM	4:10:35 PM	6:40:38 PM	9:10:41 PM	11:40:44 PM
4	Social Science (History)	India and the Contem. World-I, Ch 1, The French revolution, P- IV	English	1:12:44 AM	3:42:47 AM	6:12:50 AM	8:42:53 AM	11:12:56 AM	1:42:59 PM	4:13:02 PM	6:43:05 PM	9:13:08 PM	11:43:11 PM
5	English	Moments, Chapter - 1: The Lost Child, Part - 2	English	1:59:10 AM	4:29:13 AM	6:59:16 AM	9:29:19 AM	11:59:22 AM	2:29:25 PM	4:59:28 PM	7:29:31 PM	9:59:34 PM	NA
6	Hand Embroiderer	Unit 2 Session 2: Herringbone	English	2:22:55 AM	4:52:58 AM	7:23:01 AM	9:53:04 AM	12:23:07 PM	2:53:10 PM	5:23:13 PM	7:53:16 PM	10:23:19 PM	NA
<b>शुक्रवार, 14 अप्रैल 2023</b> <b>Friday, 14 April 2023</b>													
1	संस्कृत	पाठ 1: भारतीयसन्तगीति: भाग - 2	संस्कृत	12:00:00 AM	2:30:27 AM	5:00:54 AM	7:31:21 AM	10:01:48 AM	12:32:15 PM	3:02:42 PM	5:33:09 PM	8:03:36 PM	10:34:03 PM
2	सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 1, पालमपुर गाँव की कहानी	हिंदी	12:36:40 AM	3:07:07 AM	5:37:34 AM	8:08:01 AM	10:38:28 AM	1:08:55 PM	3:39:22 PM	6:09:49 PM	8:40:16 PM	11:10:43 PM
3	Mathematics	Chapter 1: Number system	English	1:14:40 AM	3:45:07 AM	6:15:34 AM	8:46:01 AM	11:16:28 AM	1:46:55 PM	4:17:22 PM	6:47:49 PM	9:18:16 PM	11:48:43 PM
4	Science	Chapter 1: Matter In Our Surrounding	English	1:43:26 AM	4:13:53 AM	6:44:20 AM	9:14:47 AM	11:45:14 AM	2:15:41 PM	4:46:08 PM	7:16:35 PM	9:47:02 PM	NA
5	Hand Embroiderer	Unit 2 Session 2: Herringbone Stitch	English	2:13:53 AM	4:44:20 AM	7:14:47 AM	9:45:14 AM	12:15:41 PM	2:46:08 PM	5:16:35 PM	7:47:02 PM	10:17:29 PM	NA
6	Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2:	English	2:24:47 AM	4:55:14 AM	7:25:41 AM	9:56:08 AM	12:26:35 PM	2:57:02 PM	5:27:29 PM	7:57:56 PM	10:28:23 PM	NA
<b>शनिवार, 15 अप्रैल 2023</b> <b>Saturday, 15 April 2023</b>													
1	संस्कृत	पाठ 1: भारतीयसन्तगीति: भाग - 2	संस्कृत	12:00:00 AM	2:30:13 AM	5:00:26 AM	7:30:39 AM	10:00:52 AM	12:31:05 PM	3:01:18 PM	5:31:31 PM	8:01:44 PM	10:31:57 PM
2	General	शलभासन	हिंदी	12:34:21 AM	3:04:34 AM	5:34:47 AM	8:05:00 AM	10:35:13 AM	1:05:26 PM	3:35:39 PM	6:05:52 PM	8:36:05 PM	11:06:18 PM
3	हिन्दी	स्पर्श, पाठ 1, दुःख का अधिकार, भाग - 2	हिंदी	12:36:44 AM	3:06:57 AM	5:37:10 AM	8:07:23 AM	10:37:36 AM	1:07:49 PM	3:38:02 PM	6:08:15 PM	8:38:28 PM	11:08:41 PM
4	Social Science (Political Science)	Democratic Politics-I, Ch 1: What is Democracy	English	1:10:01 AM	3:40:14 AM	6:10:27 AM	8:40:40 AM	11:10:53 AM	1:41:06 PM	4:11:19 PM	6:41:32 PM	9:11:45 PM	11:41:58 PM
5	Social Science (Geography)	Contemporary India-I, Chapter 1: Size of India	English	1:41:30 AM	4:11:43 AM	6:41:56 AM	9:12:09 AM	11:42:22 AM	2:12:35 PM	4:42:48 PM	7:13:01 PM	9:43:14 PM	NA
6	Hand Embroiderer	Unit 2 Session 2: Buttonhole Stitch	English	2:23:13 AM	4:53:26 AM	7:23:39 AM	9:53:52 AM	12:24:05 PM	2:54:18 PM	5:24:31 PM	7:54:44 PM	10:24:57 PM	NA
<b>रविवार, 16 अप्रैल 2023</b> <b>Sunday, 16 April 2023</b>													
1	सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भा और सम विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिंदी	12:00:00 AM	2:30:36 AM	5:01:12 AM	7:31:48 AM	10:02:24 AM	12:33:00 PM	3:03:36 PM	5:34:12 PM	8:04:48 PM	10:35:24 PM



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

2	General	Shashankasana	English	12:20:07 AM	2:50:43 AM	5:21:19 AM	7:51:55 AM	10:22:31 AM	12:53:07 PM	3:23:43 PM	5:54:19 PM	8:24:55 PM	10:55:31 PM
3	General	G20: Group of 20 Know all about G20	English	12:22:27 AM	2:53:03 AM	5:23:39 AM	7:54:15 AM	10:24:51 AM	12:55:27 PM	3:26:03 PM	5:56:39 PM	8:27:15 PM	10:57:51 PM
4	सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 1: लोकतंत्र क्या? लोकतंत्र क्यों?	हिंदी	12:36:42 AM	3:07:18 AM	5:37:54 AM	8:08:30 AM	10:39:06 AM	1:09:42 PM	3:40:18 PM	6:10:54 PM	8:41:30 PM	11:12:06 PM
5	Social Science (Economics)	Economics, Ch. -1: The story of village Palampur, Part - III	English	1:06:06 AM	3:36:42 AM	6:07:18 AM	8:37:54 AM	11:08:30 AM	1:39:06 PM	4:09:42 PM	6:40:18 PM	9:10:54 PM	11:41:30 PM
6	Social Science (Geography)	Contemporary India-I, Chapter 1: Size of India	English	1:38:05 AM	4:08:41 AM	6:39:17 AM	9:09:53 AM	11:40:29 AM	2:11:05 PM	4:41:41 PM	7:12:17 PM	9:42:53 PM	NA
7	Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Stem Stitch	English	2:25:50 AM	4:56:26 AM	7:27:02 AM	9:57:38 AM	12:28:14 PM	2:58:50 PM	5:29:26 PM	8:00:02 PM	10:30:38 PM	NA

**सोमवार, 17 अप्रैल 2023**  
**Monday, 17 April 2023**

1	General	शशकासन	हिंदी	12:00:00 AM	2:30:46 AM	5:01:32 AM	7:32:18 AM	10:03:04 AM	12:33:50 PM	3:04:36 PM	5:35:22 PM	8:06:08 PM	10:36:54 PM
2	हिन्दी	क्षितिज, पाठ 2: लहासा की ओर, भाग - 1	हिंदी	12:11:06 AM	2:41:52 AM	5:12:38 AM	7:43:24 AM	10:14:10 AM	12:44:56 PM	3:15:42 PM	5:46:28 PM	8:17:14 PM	10:48:00 PM
3	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 6: जनसंख्या	हिंदी	12:45:24 AM	3:16:10 AM	5:46:56 AM	8:17:42 AM	10:48:28 AM	1:19:14 PM	3:50:00 PM	6:20:46 PM	8:51:32 PM	11:22:18 PM
4	General	अर्ध चक्रासन	हिंदी	1:16:34 AM	3:47:20 AM	6:18:06 AM	8:48:52 AM	11:19:38 AM	1:50:24 PM	4:21:10 PM	6:51:56 PM	9:22:42 PM	11:53:28 PM
5	Science	Ch 2: Is Matter around us pure? Part - I	English	1:18:32 AM	3:49:18 AM	6:20:04 AM	8:50:50 AM	11:21:36 AM	1:52:22 PM	4:23:08 PM	6:53:54 PM	9:24:40 PM	11:55:26 PM
6	Mathematics	Cha 2: Polynomials, PART-I	English	1:48:43 AM	4:19:29 AM	6:50:15 AM	9:21:01 AM	11:51:47 AM	2:22:33 PM	4:53:19 PM	7:24:05 PM	9:54:51 PM	NA
7	Hand Embroiderer	Unit 2 Session 2: Buttonhole Stitch	English	2:15:49 AM	4:46:35 AM	7:17:21 AM	9:48:07 AM	12:18:53 PM	2:49:39 PM	5:20:25 PM	7:51:11 PM	10:21:57 PM	NA
8	General	भुजंगासन	हिंदी	2:22:49 AM	4:53:35 AM	7:24:21 AM	9:55:07 AM	12:25:53 PM	2:56:39 PM	5:27:25 PM	7:58:11 PM	10:28:57 PM	NA

**मंगलवार, 18 अप्रैल 2023**  
**Tuesday, 18 April 2023**

1	हिन्दी	क्षितिज, पाठ 2: लहासा की ओर, भाग - 2	हिंदी	12:00:00 AM	2:30:31 AM	5:01:02 AM	7:31:33 AM	10:02:04 AM	12:32:35 PM	3:03:06 PM	5:33:37 PM	8:04:08 PM	10:34:39 PM
2	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 3: अपवाह, भाग - 1	हिंदी	12:35:34 AM	3:06:05 AM	5:36:36 AM	8:07:07 AM	10:37:38 AM	1:08:09 PM	3:38:40 PM	6:09:11 PM	8:39:42 PM	11:10:13 PM
3	Science	Ch 2: Is Matter around us pure? Part - II	English	1:14:03 AM	3:44:34 AM	6:15:05 AM	8:45:36 AM	11:16:07 AM	1:46:38 PM	4:17:09 PM	6:47:40 PM	9:18:11 PM	11:48:42 PM
4	Mathematics	Cha 2: Polynomials, PART- II	English	1:46:58 AM	4:17:29 AM	6:48:00 AM	9:18:31 AM	11:49:02 AM	2:19:33 PM	4:50:04 PM	7:20:35 PM	9:51:06 PM	NA



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030



5	General	अर्ध चक्रासन	हिंदी	2:18:43 AM	4:49:14 AM	7:19:45 AM	9:50:16 AM	12:20:47 PM	2:51:18 PM	5:21:49 PM	7:52:20 PM	10:22:51 PM	NA
6	Hand Embroiderer	Unit 2 Session 2: Split Stitch	English	2:20:41 AM	4:51:12 AM	7:21:43 AM	9:52:14 AM	12:22:45 PM	2:53:16 PM	5:23:47 PM	7:54:18 PM	10:24:49 PM	NA
<b>बुधवार, 19 अप्रैल 2023</b> <b>Wednesday, 19 April 2023</b>													
1	गणित	पाठ 2: बहुपद, भाग - 1	हिंदी	12:00:00 AM	2:30:26 AM	5:00:52 AM	7:31:18 AM	10:01:44 AM	12:32:10 PM	3:02:36 PM	5:33:02 PM	8:03:28 PM	10:33:54 PM
2	विज्ञान	पाठ 2: क्या हमारे आस-पास के पदार्थ शुद्ध हैं	हिंदी	12:36:06 AM	3:06:32 AM	5:36:58 AM	8:07:24 AM	10:37:50 AM	1:08:16 PM	3:38:42 PM	6:09:08 PM	8:39:34 PM	11:10:00 PM
3	Social Science (History)	India and the Contemporary World-I, Ch. 1, The French revolution	English	1:06:26 AM	3:36:52 AM	6:07:18 AM	8:37:44 AM	11:08:10 AM	1:38:36 PM	4:09:02 PM	6:39:28 PM	9:09:54 PM	11:40:20 PM
4	English	Beehive, Chapter 2: The Sound of Music (EVELYN GLENNIE) Part-I	English	1:39:40 AM	4:10:06 AM	6:40:32 AM	9:10:58 AM	11:41:24 AM	2:11:50 PM	4:42:16 PM	7:12:42 PM	9:43:08 PM	NA
5	Hand Embroiderer	Unit 2 Session 2: Split Stitch	English	2:24:22 AM	4:54:48 AM	7:25:14 AM	9:55:40 AM	12:26:06 PM	2:56:32 PM	5:26:58 PM	7:57:24 PM	10:27:50 PM	NA
<b>बृहस्पतिवार, 20 अप्रैल 2023</b> <b>Thursday, 20 April 2023</b>													
1	गणित	पाठ 2: बहुपद, भाग - 1	हिंदी	12:00:00 AM	2:30:08 AM	5:00:16 AM	7:30:24 AM	10:00:32 AM	12:30:40 PM	3:00:48 PM	5:30:56 PM	8:01:04 PM	10:31:12 PM
2	विज्ञान	पाठ 2: क्या हमारे आस-पास के पदार्थ शुद्ध हैं	हिंदी	12:36:04 AM	3:06:12 AM	5:36:20 AM	8:06:28 AM	10:36:36 AM	1:06:44 PM	3:36:52 PM	6:07:00 PM	8:37:08 PM	11:07:16 PM
3	Social Science (History)	India and the Contemp. World-I, Ch. - 2: Socialism in Europe and the Russian revl-1	English	1:12:06 AM	3:42:14 AM	6:12:22 AM	8:42:30 AM	11:12:38 AM	1:42:46 PM	4:12:54 PM	6:43:02 PM	9:13:10 PM	11:43:18 PM
4	General	Tadasana	English	1:30:59 AM	4:01:07 AM	6:31:15 AM	9:01:23 AM	11:31:31 AM	2:01:39 PM	4:31:47 PM	7:01:55 PM	9:32:03 PM	NA
5	English	Beehive, Ch.2: The Sound of Music (BISMILLAH KHAN) Part-II	English	1:33:16 AM	4:03:24 AM	6:33:32 AM	9:03:40 AM	11:33:48 AM	2:03:56 PM	4:34:04 PM	7:04:12 PM	9:34:20 PM	NA
6	General	Safety and Security against Violence and Injuries	English	2:17:21 AM	4:47:29 AM	7:17:37 AM	9:47:45 AM	12:17:53 PM	2:48:01 PM	5:18:09 PM	7:48:17 PM	10:18:25 PM	NA
7	Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Herringbone Stitch	English	2:23:00 AM	4:53:08 AM	7:23:16 AM	9:53:24 AM	12:23:32 PM	2:53:40 PM	5:23:48 PM	7:53:56 PM	10:24:04 PM	NA
<b>शुक्रवार, 21 अप्रैल 2023</b> <b>Friday, 21 April 2023</b>													
1	संस्कृत	पाठ 2: स्वर्णकाक: भाग - 1	संस्कृत	12:00:00 AM	2:30:35 AM	5:01:10 AM	7:31:45 AM	10:02:20 AM	12:32:55 PM	3:03:30 PM	5:34:05 PM	8:04:40 PM	10:35:15 PM



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

2	सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 2, संसाधन के रूप में लोग	हिंदी	12:28:39 AM	2:59:14 AM	5:29:49 AM	8:00:24 AM	10:30:59 AM	1:01:34 PM	3:32:09 PM	6:02:44 PM	8:33:19 PM	11:03:54 PM
3	Mathematics	Chapter 2: Polynomials, Part - III	English	1:02:10 AM	3:32:45 AM	6:03:20 AM	8:33:55 AM	11:04:30 AM	1:35:05 PM	4:05:40 PM	6:36:15 PM	9:06:50 PM	11:37:25 PM
4	Science	Chapter 2: Is Matter around us pure? Part - III	English	1:35:13 AM	4:05:48 AM	6:36:23 AM	9:06:58 AM	11:37:33 AM	2:08:08 PM	4:38:43 PM	7:09:18 PM	9:39:53 PM	NA
5	General	ताड़ासन	हिंदी	2:21:24 AM	4:51:59 AM	7:22:34 AM	9:53:09 AM	12:23:44 PM	2:54:19 PM	5:24:54 PM	7:55:29 PM	10:26:04 PM	NA
6	Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Lazy Daisy Stitch	English	2:24:55 AM	4:55:3 0 AM	7:26:05 AM	9:56:40 AM	12:27:15 PM	2:57:50 PM	5:28:25 PM	7:59:00 PM	10:29:35 PM	NA

**शनिवार, 22 अप्रैल 2023**  
**Saturday, 22 April 2023**

1	संस्कृत	पाठ 2: स्वर्णकाक: भाग - 1	संस्कृत	12:00:00 AM	2:30:54 AM	5:01:48 AM	7:32:42 AM	10:03:36 AM	12:34:30 PM	3:05:24 PM	5:36:18 PM	8:07:12 PM	10:38:06 PM
2	हिन्दी	क्षितिज, पाठ 2: लहासा की ओर	हिंदी	12:47:20 AM	3:18:14 AM	5:49:08 AM	8:20:02 AM	10:50:56 AM	1:21:50 PM	3:52:44 PM	6:23:38 PM	8:54:32 PM	11:25:26 PM
3	General	Trikonasana	English	1:19:55 AM	3:50:49 AM	6:21:43 AM	8:52:37 AM	11:23:31 AM	1:54:25 PM	4:25:19 PM	6:56:13 PM	9:27:07 PM	11:58:01 PM
4	Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Music - Instru. Comp: Boys: D.N.H.	musical	1:22:32 AM	3:53:26 AM	6:24:20 AM	8:55:14 AM	11:26:08 AM	1:57:02 PM	4:27:56 PM	6:58:50 PM	9:29:44 PM	NA
5	Social Science (Political Science)	Democratic Poli-I, Ch.- 2 Consti, Design, P- 1	English	1:27:24 AM	3:58:18 AM	6:29:12 AM	9:00:06 AM	11:31:00 AM	2:01:54 PM	4:32:48 PM	7:03:42 PM	9:34:36 PM	NA
6	Social Science (Geography)	Conte. India-I, Ch. 2: Physiographic Divisi. of India, P- 1	English	1:50:23 AM	4:21:17 AM	6:52:11 AM	9:23:05 AM	11:53:59 AM	2:24:53 PM	4:55:47 PM	7:26:41 PM	9:57:35 PM	NA
7	Hand Embroiderer	Unit 2 Session 2: Buttonhole Stitch	English	2:23:54 AM	4:54:48 AM	7:25:42 AM	9:56:36 AM	12:27:30 PM	2:58:24 PM	5:29:18 PM	8:00:12 PM	10:31:06 PM	NA

**रविवार, 23 अप्रैल 2023**  
**Sunday, 23 April 2023**

1	सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- 1, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिंदी	12:00:00 AM	2:30:48 AM	5:01:36 AM	7:32:24 AM	10:03:12 AM	12:34:00 PM	3:04:48 PM	5:35:36 PM	8:06:24 PM	10:37:12 PM
2	General	त्रिकोणासन	हिंदी	12:21:00 AM	2:51:48 AM	5:22:36 AM	7:53:24 AM	10:24:12 AM	12:55:00 PM	3:25:48 PM	5:56:36 PM	8:27:24 PM	10:58:12 PM
3	General	G20: Group of 20 Know all about G20	English	12:23:37 AM	2:54:25 AM	5:25:13 AM	7:56:01 AM	10:26:49 AM	12:57:37 PM	3:28:25 PM	5:59:13 PM	8:30:01 PM	11:00:49 PM
4	सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 2: संविधान निर्माण, भाग - 1	हिंदी	12:37:52 AM	3:08:40 AM	5:39:28 AM	8:10:16 AM	10:41:04 AM	1:11:52 PM	3:42:40 PM	6:13:28 PM	8:44:16 PM	11:15:04 PM
5	Social Science (Economics)	Economics, Ch - 2: People as a Resource, Part 1	English	1:04:30 AM	3:35:18 AM	6:06:06 AM	8:36:54 AM	11:07:42 AM	1:38:30 PM	4:09:18 PM	6:40:06 PM	9:10:54 PM	11:41:42 PM



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

6	Social Science (Geography)	Contemporary India-I, Ch- 2: Physiographic Divi of India, Part II	English	1:38:32 AM	4:09:20 AM	6:40:08 AM	9:10:56 AM	11:41:44 AM	2:12:32 PM	4:43:20 PM	7:14:08 PM	9:44:56 PM	NA
7	Hand Embroiderer	Unit 2 Session 2: Bullion Stitch	English	2:22:15 AM	4:53:03 AM	7:23:51 AM	9:54:39 AM	12:25:27 PM	2:56:15 PM	5:27:03 PM	7:57:51 PM	10:28:39 PM	NA

**सोमवार, 24 अप्रैल 2023**  
**Monday, 24 April 2023**

1	General	Ustrasana	English	12:00:00 AM	2:30:34 AM	5:01:08 AM	7:31:42 AM	10:02:16 AM	12:32:50 PM	3:03:24 PM	5:33:58 PM	8:04:32 PM	10:35:06 PM
2	हिन्दी	क्षितिज, पाठ 2: ल्हासा की ओर	हिंदी	12:04:11 AM	2:34:45 AM	5:05:19 AM	7:35:53 AM	10:06:27 AM	12:37:01 PM	3:07:35 PM	5:38:09 PM	8:08:43 PM	10:39:17 PM
3	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 3: अपवाह, भाग - 2	हिंदी	12:35:25 AM	3:05:59 AM	5:36:33 AM	8:07:07 AM	10:37:41 AM	1:08:15 PM	3:38:49 PM	6:09:23 PM	8:39:57 PM	11:10:31 PM
4	Science	Ch. 2: Is Matter around us pure? Part - IV	English	1:01:35 AM	3:32:09 AM	6:02:43 AM	8:33:17 AM	11:03:51 AM	1:34:25 PM	4:04:59 PM	6:35:33 PM	9:06:07 PM	11:36:41 PM
5	Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	1:27:54 AM	3:58:28 AM	6:29:02 AM	8:59:36 AM	11:30:10 AM	2:00:44 PM	4:31:18 PM	7:01:52 PM	9:32:26 PM	NA
6	Mathematics	Cha. 2: Polynomials, Part - IV	English	1:36:27 AM	4:07:01 AM	6:37:35 AM	9:08:09 AM	11:38:43 AM	2:09:17 PM	4:39:51 PM	7:10:25 PM	9:40:59 PM	NA
7	General	Prevention and Management of Substance Misuse	English	2:19:11 AM	4:49:45 AM	7:20:19 AM	9:50:53 AM	12:21:27 PM	2:52:01 PM	5:22:35 PM	7:53:09 PM	10:23:43 PM	NA

**मंगलवार, 25 अप्रैल 2023**  
**Tuesday, 25 April 2023**

1	हिन्दी	स्पर्श, पाठ 2, एवेरेस्ट: मेरी शिखर यात्रा, भाग - 1	हिंदी	12:00:00 AM	2:30:32 AM	5:01:04 AM	7:31:36 AM	10:02:08 AM	12:32:40 PM	3:03:12 PM	5:33:44 PM	8:04:16 PM	10:34:48 PM
2	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 4: जलवायु	हिंदी	12:27:32 AM	2:58:04 AM	5:28:36 AM	7:59:08 AM	10:29:40 AM	1:00:12 PM	3:30:44 PM	6:01:16 PM	8:31:48 PM	11:02:20 PM
3	General	उष्ट्रासन	हिंदी	12:47:11 AM	3:17:43 AM	5:48:15 AM	8:18:47 AM	10:49:19 AM	1:19:51 PM	3:50:23 PM	6:20:55 PM	8:51:27 PM	11:21:59 PM
4	General	Promotion of Healthy Lifestyle	English	12:50:08 AM	3:20:40 AM	5:51:12 AM	8:21:44 AM	10:52:16 AM	1:22:48 PM	3:53:20 PM	6:23:52 PM	8:54:24 PM	11:24:56 PM
5	Science	Chapter 2: Types of Mixtures	English	12:56:04 AM	3:26:36 AM	5:57:08 AM	8:27:40 AM	10:58:12 AM	1:28:44 PM	3:59:16 PM	6:29:48 PM	9:00:20 PM	11:30:52 PM
6	Mathematics	Chapter 2: Polynomials, P - V	English	1:13:01 AM	3:43:33 AM	6:14:05 AM	8:44:37 AM	11:15:09 AM	1:45:41 PM	4:16:13 PM	6:46:45 PM	9:17:17 PM	11:47:49 PM
7	Health, Physical Edu/Sports	कबड्डी	हिंदी	1:57:32 AM	4:28:04 AM	6:58:36 AM	9:29:08 AM	11:59:40 AM	2:30:12 PM	5:00:44 PM	7:31:16 PM	10:01:48 PM	NA
8	Hand Embroiderer	Unit 2 Session 2: Bullion Stitch	English	2:21:59 AM	4:52:31 AM	7:23:03 AM	9:53:35 AM	12:24:07 PM	2:54:39 PM	5:25:11 PM	7:55:43 PM	10:26:15 PM	NA

**बुधवार, 26 अप्रैल 2023**  
**Wednesday, 26 April 2023**



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

1	गणित	पाठ 2: बहुपद, भाग - 2	हिंदी	12:00:00 AM	2:30:17 AM	5:00:34 AM	7:30:51 AM	10:01:08 AM	12:31:25 PM	3:01:42 PM	5:31:59 PM	8:02:16 PM	10:32:33 PM
2	विज्ञान	पाठ 2: क्या हमारे आस-पास के पदार्थ शुद्ध हैं	हिंदी	12:53:02 AM	3:23:19 AM	5:53:36 AM	8:23:53 AM	10:54:10 AM	1:24:27 PM	3:54:44 PM	6:25:01 PM	8:55:18 PM	11:25:35 PM
3	Social Science (History)	India and the Contem World-I, Ch.- 2: Socialism in Europe and the Russian Revl, P- 1	English	1:23:39 AM	3:53:56 AM	6:24:13 AM	8:54:30 AM	11:24:47 AM	1:55:04 PM	4:25:21 PM	6:55:38 PM	9:25:55 PM	11:56:12 PM
4	English	Beehive, Ch. 2: The Sound of Music (THE WIND) P-III	English	1:42:32 AM	4:12:49 AM	6:43:06 AM	9:13:23 AM	11:43:40 AM	2:13:57 PM	4:44:14 PM	7:14:31 PM	9:44:48 PM	NA
5	Hand Embroiderer	Unit 2 Session 2: Buttonhole Stitch	English	2:19:31 AM	4:49:48 AM	7:20:05 AM	9:50:22 AM	12:20:39 PM	2:50:56 PM	5:21:13 PM	7:51:30 PM	10:21:47 PM	NA

**बृहस्पतिवार, 27 अप्रैल 2023**  
**Thursday, 27 April 2023**

1	गणित	पाठ 2: बहुपद, भाग - 2	हिंदी	12:00:00 AM	2:30:04 AM	5:00:08 AM	7:30:12 AM	10:00:16 AM	12:30:20 PM	3:00:24 PM	5:30:28 PM	8:00:32 PM	10:30:36 PM
2	विज्ञान	पाठ 2: क्या हमारे आस-पास के पदार्थ शुद्ध हैं	हिंदी	12:48:06 AM	3:18:10 AM	5:48:14 AM	8:18:18 AM	10:48:22 AM	1:18:26 PM	3:48:30 PM	6:18:34 PM	8:48:38 PM	11:18:42 PM
2	General	Growing up Healthy	English	1:17:00 AM	3:47:04 AM	6:17:08 AM	8:47:12 AM	11:17:16 AM	1:47:20 PM	4:17:24 PM	6:47:28 PM	9:17:32 PM	11:47:36 PM
2	Social Science (History)	India and the Cont World-I, Ch - 2: Socialism in Europe and the Russian revolution, P- 1	English	1:21:11 AM	3:51:15 AM	6:21:19 AM	8:51:23 AM	11:21:27 AM	1:51:31 PM	4:21:35 PM	6:51:39 PM	9:21:43 PM	11:51:47 PM
2	English	Moments, Chapter - 2: The Adventures of Toto	English	1:41:15 AM	4:11:19 AM	6:41:23 AM	9:11:27 AM	11:41:31 AM	2:11:35 PM	4:41:39 PM	7:11:43 PM	9:41:47 PM	NA
2	Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Chain Stitch	English	2:11:36 AM	4:41:40 AM	7:11:44 AM	9:41:48 AM	12:11:52 PM	2:41:56 PM	5:12:00 PM	7:42:04 PM	10:12:08 PM	NA
2	General	सूर्य नमस्कार	हिंदी	2:19:33 AM	4:49:37 AM	7:19:41 AM	9:49:45 AM	12:19:49 PM	2:49:53 PM	5:19:57 PM	7:50:01 PM	10:20:05 PM	NA

**शुक्रवार, 28 अप्रैल 2023**  
**Friday, 28 April 2023**

1	संस्कृत	पाठ 2: स्वर्णकाक: भाग - 2	संस्कृत	12:00:00 AM	2:30:27 AM	5:00:54 AM	7:31:21 AM	10:01:48 AM	12:32:15 PM	3:02:42 PM	5:33:09 PM	8:03:36 PM	10:34:03 PM
2	सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 2, संसाधन के रूप में लोग	हिंदी	12:28:13 AM	2:58:40 AM	5:29:07 AM	7:59:34 AM	10:30:01 AM	1:00:28 PM	3:30:55 PM	6:01:22 PM	8:31:49 PM	11:02:16 PM
3	Mathematics	Chapter 2: Polynomials	English	1:01:44 AM	3:32:11 AM	6:02:38 AM	8:33:05 AM	11:03:32 AM	1:33:59 PM	4:04:26 PM	6:34:53 PM	9:05:20 PM	11:35:47 PM
4	Science	Chapter 2: Concentration of a Solution	English	1:42:37 AM	4:13:04 AM	6:43:31 AM	9:13:58 AM	11:44:25 AM	2:14:52 PM	4:45:19 PM	7:15:46 PM	9:46:13 PM	NA
5	General	Growing up Healthy	English	1:48:35 AM	4:19:02 AM	6:49:29 AM	9:19:56 AM	11:50:23 AM	2:20:50 PM	4:51:17 PM	7:21:44 PM	9:52:11 PM	NA



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

6	Hand Embroiderer	Unit 1 Session 2: Designs and Tracing Methods - Heat Method	English	2:09:48 AM	4:40:15 AM	7:10:42 AM	9:41:09 AM	12:11:36 PM	2:42:03 PM	5:12:30 PM	7:42:57 PM	10:13:24 PM	NA
<b>शनिवार, 29 अप्रैल 2023</b> <b>Saturday, 29 April 2023</b>													
1	संस्कृत	पाठ 2: स्वर्णकाक: भाग - 2	संस्कृत	12:00:00 AM	2:30:11 AM	5:00:22 AM	7:30:33 AM	10:00:44 AM	12:30:55 PM	3:01:06 PM	5:31:17 PM	8:01:28 PM	10:31:39 PM
2	Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Music - InstruM Comp: Boys: D,N,H	Musical	12:32:46 AM	3:02:57 AM	5:33:08 AM	8:03:19 AM	10:33:30 AM	1:03:41 PM	3:33:52 PM	6:04:03 PM	8:34:14 PM	11:04:25 PM
3	हिन्दी	स्पर्श, पाठ 2, एवेरेस्ट: मेरी शिखर यात्रा, भाग - 2	हिंदी	12:37:38 AM	3:07:49 AM	5:38:00 AM	8:08:11 AM	10:38:22 AM	1:08:33 PM	3:38:44 PM	6:08:55 PM	8:39:06 PM	11:09:17 PM
4	General	Growing up Healthy	English	1:07:47 AM	3:37:58 AM	6:08:09 AM	8:38:20 AM	11:08:31 AM	1:38:42 PM	4:08:53 PM	6:39:04 PM	9:09:15 PM	11:39:26 PM
5	Social Science (Political Science)	Democratic Politics-I, Ch.-2: Constitutional Design Part 2	English	1:11:58 AM	3:42:09 AM	6:12:20 AM	8:42:31 AM	11:12:42 AM	1:42:53 PM	4:13:04 PM	6:43:15 PM	9:13:26 PM	11:43:37 PM
6	Social Science (Geography)	Contemporary India-I, Ch.-2 Physical Features of India	English	1:49:40 AM	4:19:51 AM	6:50:02 AM	9:20:13 AM	11:50:24 AM	2:20:35 PM	4:50:46 PM	7:20:57 PM	9:51:08 PM	NA
7	General	Pawanmuktasana	English	2:18:27 AM	4:48:38 AM	7:18:49 AM	9:49:00 AM	12:19:11 PM	2:49:22 PM	5:19:33 PM	7:49:44 PM	10:19:55 PM	NA
8	Hand Embroiderer	Unit 2 Session 2: Buttonhole Stitch	English	2:23:11 AM	4:53:22 AM	7:23:33 AM	9:53:44 AM	12:23:55 PM	2:54:06 PM	5:24:17 PM	7:54:28 PM	10:24:39 PM	NA
<b>रविवार, 30 अप्रैल 2023</b> <b>Sunday, 30 April 2023</b>													
1	सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भा और सम विश्व- 1, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिंदी	12:00:00 AM	2:30:21 AM	5:00:42 AM	7:31:03 AM	10:01:24 AM	12:31:45 PM	3:02:06 PM	5:32:27 PM	8:02:48 PM	10:33:09 PM
2	General	त्रिकोणासन	हिंदी	12:21:00 AM	2:51:21 AM	5:21:42 AM	7:52:03 AM	10:22:24 AM	12:52:45 PM	3:23:06 PM	5:53:27 PM	8:23:48 PM	10:54:09 PM
3	सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 2: सविधान निर्माण, भाग - 2	हिंदी	12:23:37 AM	2:53:58 AM	5:24:19 AM	7:54:40 AM	10:25:01 AM	12:55:22 PM	3:25:43 PM	5:56:04 PM	8:26:25 PM	10:56:46 PM
4	General	G20: Group of 20 Know all about G20	English	12:55:54 AM	3:26:15 AM	5:56:36 AM	8:26:57 AM	10:57:18 AM	1:27:39 PM	3:58:00 PM	6:28:21 PM	8:58:42 PM	11:29:03 PM
5	Social Science (Economics)	Economics, Ch. - 2 People as a Resource, P- 2	English	1:10:09 AM	3:40:30 AM	6:10:51 AM	8:41:12 AM	11:11:33 AM	1:41:54 PM	4:12:15 PM	6:42:36 PM	9:12:57 PM	11:43:18 PM
6	Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Music - Instrumental Comp: Boys: D. N. H.	Musical	1:34:07 AM	4:04:28 AM	6:34:49 AM	9:05:10 AM	11:35:31 AM	2:05:52 PM	4:36:13 PM	7:06:34 PM	9:36:55 PM	NA



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

7	Social Science (Geography)	Contemp India-I, Ch-2 Physical Features of India	English	1:38:59 AM	4:09:20 AM	6:39:41 AM	9:10:02 AM	11:40:23 AM	2:10:44 PM	4:41:05 PM	7:11:26 PM	9:41:47 PM	NA
8	Hand Embroiderer	Unit 2 Session 2: Bullion Stitch	English	2:13:15 AM	4:43:36 AM	7:13:57 AM	9:44:18 AM	12:14:39 PM	2:45:00 PM	5:15:21 PM	7:45:42 PM	10:16:03 PM	NA
9	Cultural Heritage: Art, Music & Dance	नेशनल रोल प्ले एंड फोक डांस - अंडमान	हिंदी	2:21:48 AM	4:52:09 AM	7:22:30 AM	9:52:51 AM	12:23:12 PM	2:53:33 PM	5:23:54 PM	7:54:15 PM	10:24:36 PM	NA



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030